

IN RECOGNITION OF FEBRUARY  
AS AMERICAN HEART MONTH...

# Women and Heart Disease



**Saturday, February 18 • 10 a.m.**

**Location:** Saint Anthony's Health Center  
First Floor Perpetual Help Center



**Priya Kumaraguru, M.D.\***  
Family Practice

Heart disease is the leading cause of death for women in the United States, according to the Centers for Disease Control and Prevention. And experts say that almost two-thirds of the women who die suddenly of coronary heart disease have no previous symptoms — even if you have no symptoms, you may still be at risk for heart disease.

Learn more about women and heart disease at a free community health program, featuring Priya Kumaraguru, M.D.\*, a board certified Family Practice physician with Saint Anthony's Physician Group. She'll share heart health tips and discuss the unique symptoms of heart disease in women.

Free blood pressure checks will be offered. And if you are one of the first 30 individuals to register, you can receive a free cholesterol screening.

**Call today for reservations:  
618-465-2264.**



**SAINT ANTHONY'S**

HEALTH CENTER

[www.sahc.org](http://www.sahc.org)

\* Independent practitioner not employed by Saint Anthony's Health Center.